



MENU OF SERVICES

We now offer **Paramount** 

Homemaker

- Meal preparation and clean-up
- Grocery list preparation
- Pet care (litterbox, feeding, brushing, walks, etc.)
- Light house cleaning
- Making beds and changing linens
- Washing laundry and putting away clothes
- General household tasks
- Bringing in mail and newspapers
- Assistance with gardening
- Taking out the garbage/recycling

Personal Care

- Bathing, grooming, hygiene and dressing assistance
- Mobility assistance and transfers
- Toileting and incontinence care
- Medication reminders
- Taking walks with the client
- Daily exercise support

Companion Care

- Transportation to social functions and visits
- Assisting with social media

Specialty Care

- Alzheimer's and Dementia care
- Post-Hospital or Post-Surgery care
- Overnight care

24- Hour Care

- Care for yourself or your loved one all round the clock.

Post- Hospital & Surgery

- Running errands with the client (grocery shopping, bank, pharmacy, etc.)
- Providing transportation to appointments
- Assistance with daily living activities
- Cooking and meal prep

Respite Care

- Primary Caregiver relief (Up to 5 consecutive days)

Transportation

- Services are available using either the client's vehicle (no additional fee) or care giver's vehicle (per-mile charge).
- Running errands with the client (grocery shopping, bank, pharmacy, etc.)
 - Providing transportation to religious and social activities, etc.

